

September 2021

Aquatics/Chair/Tai

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Instructors are subject to change		1 8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am Chair-Lentha 9:00am LP Fun & Fit-Lisa 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam	2 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	3 8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda	4
5	6 NO CLASSES	7 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	8 8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am Chair-Lentha 9:00am LP Fun & Fit-Lisa 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam	9 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	10 8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda	11
12	13 8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	14 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	15 8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam	16 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	17 8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda	18
19/26	20/27 8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-no class 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	21/28 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	22/29 8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-no class/Emmy 1:10pm TP Aqua Flow-Pam	23/30 8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Making Waves-Brenda	24 8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda	25