

September 2017

INDOOR CYCLING

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Instructors Are Subject To Change				1	2
					5:30am-No class 9:00am-Jeanne	
3	4 Club Hours:5a-2p	5	6	7	8	9
	No classes Childcare closed	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Jeanne	5:30pm-Leslie	5:30am-Carla 9:00am-Jeanne	
10	11	12	13	14	15	16
	5:30am-Gregg 9:00am-Staff 5:30pm Cycle X - Rebekah	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Jeanne	5:30pm-Kim	5:30am-Carla 9:00am-Jeanne	
17	18	19	20	21	22	23
	5:30am-Gregg 9:00am-Staff 5:30pm Cycle X -Kim	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Staff	5:30pm-Leslie	5:30am-Carla 9:00am-Jeanne	
24	25	26	27	28	29	30
	5:30am-Gregg 9:00am-Staff 5:30pm Cycle X - Rebekah	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Staff	5:30pm-Leslie	5:30am-Carla 9:00am-Jeanne	

