

June 2017

INDOOR CYCLING

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LAC Health & Wellness EXPO June 27th			1	2	3
				5:30pm-Kim	5:30am-Carla 9:00am-Jeanne	
4	5	6	7	8	9	10
	5:30am-Gregg 9:00am-Staff 5:30pm Cycle X -Kim	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Calleen	5:30pm-Gregg	5:30am-Carla 9:00am-Jeanne	
11	12	13	14	15	16	17
	5:30am-Gregg 9:00am-Staff 5:30pm Cycle X -Rebekah	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Brandi	5:30pm-Kim	5:30am-Carla 9:00am-Jeanne	
18	19	20	21	22	23	24
	5:30am-Gregg 9:00am-Calleen 5:30pm Cycle X -Rebekah	5:30pm-Gregg	5:30am-Cycle X-Carla 9:00am-Rebekah	5:30pm-Leslie	5:30am-Carla 9:00am-Jeanne	
25	26	27	28	29	30	Instructors Are Subject To Change
	5:30am-Gregg 9:00am-Staff 5:30pm Cycle X -Rebekah	5:30pm-Gregg	5:30am-Cycle X-Brandi 9:00am-Rebekah	5:30pm-Leslie	5:30am-Carla 9:00am-Jeanne	

