

August 2017

Therapy Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Instructors are subject to change	1	2	3	4	5
		9:00am Pilates-Calleen	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Tabatha	9:00am Healing Waves-Emmy	
6	7	8	9	10	11	12
	9:00am Healing Waves-Pam 12:10pm Fibromyalgia-Pam	9:00am Pilates-Pam	9:00am Healing Waves-Pam 12:10pm Fibromyalgia-Pam	9:00am Pilates-Pam	9:00am Healing Waves-Pam	
13	14	15	16	17	18	19
	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Pam	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Pam	9:00am Healing Waves-Emmy	
20	21	22	23	24	25	26
	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Pam	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Pam	9:00am Healing Waves-Emmy	
27	28	29	30	31		
	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Pam	9:00am Healing Waves-Emmy 12:10pm Fibromyalgia-Emmy	9:00am Pilates-Pam		

